

ENT

Specializing In disorders of the Ear Nose & Throat

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Board Certified Otolaryngology Head and Neck Surgery

EAR DRAINAGE

There may normally be some clear drainage from the patient's ear for 2-3 days after surgery. If drainage extends beyond 2-3 days, or if the discharge has a foul odor or color, please contact my office. While the tubes are in place, the ears may occasionally drain mucous or infected fluid when the child has a cold or sinus infection. Please call my office promptly so that we may prescribe medication when this occurs. Ear pain may occur if infection develops while the tubes are in place. It is usually accompanied by ear drainage. Fever with no ear pain or drainage is probably not all ear infection.

Please do not use any medication within the ear without first calling the office. When eardrops are prescribed, warm the bottle in your hand until the medication reaches body temperature before putting into the ear

IF AN ADENOIDECTOMY WAS ALSO DONE

A mild sore throat and earache may occur for the first few days. Encouraging fluids and foods will speed recovery from pain and will also resolve mouth odor. A light dinner should be prepared the evening of surgery and a regular diet is encouraged the day after surgery. Your child may return to school and normal activities 1-2 days following surgery,

Liquid Tylenol is usually adequate for pain. Please avoid any products containing aspirin, since these can occasionally contribute to postoperative bleeding. Bleeding from an adenoidectomy is extremely rare and is almost always minor in extent. If bleeding through the nose or mouth should persist for more than 5-10 minutes, please call my office,

ANY OTHER QUESTIONS

If you have any questions, please feel free to call my office at any time After hours, I or the Ear, Nose, Throat doctor on call will return your call.

Allergy • Sinus • Snoring • Sleep Disorders • Hearing Loss • Dizziness • Cosmetic & Outpatient Surgery

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